

TIGER TALES

Monte Rio School: <http://www.monterioschool.org>
Jennifer Schwinn, Supt./Principal

March 1, 2016



Upcoming Events

March

1 – Drama Dress Rehearsal
2 - 8th grade El Molino Visit

3- “Pompley’s Peril” Drama show by the MS at 10:30AM.

4- Report Cards Out

4- Sonoma County Science Fair at R.P. Community Center

7 – MS Science Projects start

8 – 7/8 Field Trip to WFC “Hamlet Remixed”

10 – Site Council Mtg. 2PM
Board Mtg. 6PM

11- Parent Club Mtg. 8:30AM

14 – 3rd/4th Field trip

14 – 5/6 Field Trip to WFC “Percy Jackson”

18 – Books & Beyond Medal ceremony 8:40 AM
Festival 1PM

3/21 to 3/25–SPRING BREAK

Important Numbers

Main Office: 865-2266
FAX: 865-9356
20700 Foothill Drive
Monte Rio, CA 95462

State Testing Window

The California Assessment of Student Performance and Progress (CAASPP) is the state testing that our students (3rd-8th grade) will be doing this year. Mrs. Schwinn would like you to know that our testing window will be:

April 4-April 29, 2016



Please help our students do their best during these weeks:

- *sleep well
- *eat a great breakfast
- *arrive to school on time
- *get plenty of exercise
- *avoid preventable absences, such as doctor appointments, during the hours before lunchtime of those weeks.

Thank you!

For detailed information from the state of California regarding the new testing, go to

<http://www.caaspp.org/> to read more.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|-----------------------------|-----------------------------|-----------------------------------|---|
| **NOTE: All meals are served with choice of nonfat/1% milk & fruit & vegetable** | 1 Soft Chicken Taco | 2 Pasta with Meat Sauce | 3 Turkey & Cheese Wrap | 4 Pizza |
| 7 Turkey & Cheese Sandwich | 8 Beef & Bean Tostada | 9 Pasta with Meat Sauce | 10 Sloppy Joes on Bun | 11 Pizza |
| 14 Grilled Cheese Sandwich | 15 Chicken Fajitas | 16 Pasta with Meat Sauce | 17 Beans & Franks | 18 Pizza |
| 21 **SPRING | 22 HOLIDAY | 23 BREAK** | 24 ENJOY!!!! | 25  |
| 28 Grilled Cheese Sandwich | 29 Bean & Cheese Burrito | 30 Pasta with Meat Sauce | 31 Chicken & Cheese Quesadilla | |

Grab and Go Breakfast served from 8:00 to 8:25 am Items offered: 1% Milk, Fruit Juice, Yogurt, Assorted Cereal, String Cheese, Toast with Cream Cheese or Peanut butter, Breakfast sandwiches, Special Item of the Day, Fresh Fruit



Happy
Birthday!!

March Birthdays!

| | |
|------------------------|------|
| Ahkie Kane | 3/3 |
| Marcu Riley | 3/6 |
| Brett Keller | 3/6 |
| Allee Arnold | 3/9 |
| Jacob Withers | 3/12 |
| Laura Barnard | 3/16 |
| Jessica Freedenburg | 3/20 |
| Sarah Blackner | 3/21 |
| Lincoln Johnson-Fannon | 3/24 |
| Aiden Halstead | 3/25 |
| Alex Lepf | 3/27 |
| Rylen Kennedy-Ochoa | 3/31 |

LOST & FOUND



The lost and found laundry monster is taking over the corner of the gym!!! Please stop by and claim your school clothes, jackets, and lunch boxes. **THANK YOU!!!**



POMPLEY'S PERIL

Directed By Jessica McAdam

Lord Pompley is having a country estate house party and all the neighbors are coming. Are you? Come see what happens !

Thursday March 3rd at 10:30 AM

Sonoma County Science Fair!

Representing Monte Rio this year is Gage Dorough, Myri Glentzer, Sarah Blackner, and Grace Livingston. They will be travelling to Rohnert Park to compete against 130 other entries on Friday, March 4th.

Good Luck Scientists!



A Message from the Superintendent-Principal:

Turn Off the Tech and Turn on your Passion!

March 4-5, 2016 ~ The National Day of Unplugging

In the month of February, at Monte Rio Union School, we are focused on the Habitude of “Passion.” (A “Habitude” is a combination of a *habit* and an *attitude*, or another word for a “life skill,” which will help a child attain authentic success in life.) “Passion” is the habitude that inspires us to practice something we love to do, to the point of mastery. As a parent, from time to time, we look at our child and wonder, what might be their passion? What will they grow up to do?

However, I have noticed that more often than not, what my children are passionate about is spending time on technology, to the exclusion of all other interests. Technology is just so engaging! It also seems that their time disappears down a black hole when the kids are plugged in. That is time that could be spent on more valuable pursuits. Author, Malcolm Gladwell, established that even a natural aptitude for a skill, takes 10,000 hours of practice to reach mastery level. Video games may be robbing children of the opportunity to attain mastery of their passions.

Occasionally, at my house, we put a lock-down on tech, and try to take a break from it all. We either do no tech during the week or unplug altogether for a few weeks at a time. (We *do* allow tech for schoolwork; research into their interests; and online education, such as Khan Academy.) We are really looking to cut back on the video games, constant texting, and mindless YouTube videos.

You know what we find when the kids put down their controllers? Suddenly big school projects come out that I did not know existed, and my boys invest more time in their schoolwork. Books become engrossing again, and I find them spending some mellow time reading on their beds, for pleasure! They are also outside more often playing *real* football, rather than playing Madden Mobile! I even find their moods improve when they take a break from technology.

I encourage you to try unplugging at your house sometime. However, for best success, I suggest you have a family meeting and try to first get buy-in from all family members on the plan for a temporary technology hiatus. If you are looking for good time to try it, March 4-5, 2016 is the National Day for Unplugging. It is a great opportunity to try unplugging with your family or friends! If you would like to learn more, check out this link: <http://nationaldayofunplugging.com>. There, you will find folks sharing all the wonderful things they will be doing with their time when they unplug. I hope periodic unplugging becomes a happy habit for you too, and provides you more time for the exploration of your life’s passions.

All the best!

Mrs. Schwinn

Cinquain

"Dog"

-Erik Clark

Dog
Grey, fast
Running, hunting, smelling
To howl at the moon
Wolf

"Tree"

-Raanan Weathersby

Tree
Long, skinny
Growing, showing, collecting
Reaching for the sun
Redwood

"Blossoms"

-Amrita Tromge

Blossoms
Sweet, pink
Floating, drifting, twirling
Sweet smelling flowers
Petals

Haiku

"Waterfalls"

-Jezell Reed-Peebles

Frothing, foamy, white
Frisky, playful, glittering
Rushing waterfalls

"Spider"

-Joel Novak-Wadley

Crawling up the trees
Making webs in the sunshine
Hunting in nature

"Cheetahs"

-Alina Dobar-Mattison

Beautiful creatures
Dashing in the grassy fields
Fast running ninjas

*Poetry from Ms. Raef's
3rd and 4th grade Class.*